

Vast Institute for Human Endeavor

Vast Institute, LLC
Professional Woman's Leadership Retreat
Inspired Leadership
The Big Island, Hawaii,
June 15- 19, 2009

Vast Institute® Inspired Leadership Retreat:

Kapoho Hawaii, June 15-19, 2009

Invitation to Business, Executive and Professional Women:

Twelve professional, executive and entrepreneurial women will embark together on a journey of self-discovery, honing their leadership skills while developing strategies that inspire themselves and others during these most auspicious times. The Vast Institute blends its unique leadership curriculum with ancient wisdom and the creative energies of Pele, keeper of the volcano, to produce an experience that expands your self-awareness.

During the program's four days and five nights we will combine a daily seminar with experiential excursions and assignments that nourish, delight and clarify who you choose to be in this world. Come prepared to gain greater clarity, confidence and techniques that expand your perspective, effectiveness and insight. Our goal is that you return to the mainland more confident in your abilities to lead, envision and inspire others to perform beyond their imagination.

Vast Institute® Inspired Leadership Program Details:

- Seminar fee \$1800 inclusive of:
- Vast Institute® Inspired Leadership coursework and experiential retreat program
- Double occupancy accommodations on lushly landscaped private grounds
- Visits to private and sacred sites for coursework
- All program and activity fees
- Breakfast, dinner and afternoon snacks
- Private swimming pool
- Evening meals at retreat site prepared by local executive chef
- Program guests are welcomed Monday June 15, 2009
- Class will begin on Monday evening 6pm with orientation
- Class size is limited to 12 participants so please book early
- Guests will provide their own transportation to and from the workshop location and we will arrange carpools for our activities

Inspired Leadership Planned Daily Itinerary:

7-8 am Group walk, swim, or quiet meditation and journaling
8-9 am Breakfast at Retreat Site each day
9-1 pm Seminar workshop & snack
Afternoon experiential activity or assignment
Evening group reflections/insights on the day & dinner

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Inspired Leadership Program Highlights:

Monday: 6pm - Program orientation, overview, group introduction, area of personal leadership focus & program themes.

Tuesday: Seminar program, assignment to identify key areas of focus, late afternoon swim at volcanic warm pond, early evening sunset volcano visit - if it is flowing, return to retreat site for dinner.

Wednesday: Lava Tree National Park for personal work with ancestors, Hilo Open Air Market to shop with local vendors, trip to beach to snorkel or relax, dinner in Hilo, return to retreat site.

Thursday: Seminar, visit to sacred site "Green Mountain" for ceremony and reflection, free time to journal, hike or swim. Close for day, dinner at retreat site.

Friday: Seminar and completion of leadership assignment, group sharing before dinner, award ceremony, celebration dinner & program close.

Saturday: Guest departure

This program is designed to offer a safe and intimate opportunity to explore and discover your most powerful self. Class size is intentionally limited to 12 participants. To reserve your place among these amazing women please contact Michelle Sherman at (206) 935-7872, or via email at coach@vastjoy.com

Facility & Activity Photos

Retreat Meeting Room



Retreat Private Pool



Vast Institute for Human Endeavor

Michelle at the Beach



Michelle at the Lava Flow



Green Mountain



Pamalu Sky



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